a sbs

Runmate GPS Watch

SKU: TESPORTBEATGPSCOLHRK







Sports bracelet with integrated GPS, touch display, monitoring function for heart rate, sleep, calories, and pedometer

WHY SHOULD YOU CHOOSE THIS PRODUCT?

With the **Runmate GPS sports bracelet**, you can constantly monitor your physical activity. With its **integrated GPS function**, it allows you to track your progress in real time, without the need to carry your mobile phone with you. This bracelet also allows you to keep on top of your heart rate, calories burned, steps taken, and the duration of your training.

ADVANCED HEART RATE ANALYSIS

With a simple swipe to the right from the main menu on the display, you can access the Health section. Choose ECG and touch the electrodes with which this watch is equipped: your results will be visible on the Go Life app (which can be downloaded **free of charge** from the <u>Apple App Store</u> and <u>Google Play Store</u>) and can be shared on social media or via email.

The electrodes calculate an algorithm similar to that of the ECG to give an assessment of your heart's work rate: cardiac variations, the regularity of your heart beat, and indications of tiredness*. RunMate and Go Life are useful tools for getting to know your body and understanding when you need to rest to maintain a high level of well-being and avoid over-training.

INNOVATION AT YOUR FINGERTIPS

Training and rest must be balanced to enable you to achieve optimum performance again and again. For this reason, the Runmate watch allows you to monitor **the quality of your sleep**, differentiating between light sleep and deep sleep.

Check the data regarding your physical activity on your smartphone: the **free Go Life app** allows you to assess daily progress and analysis historic results.

This fitness tracker offers many different functions: you can set silent alarms and receive notifications regarding calls and

messages received by your smartphone.

This sports watch is **IP68** certified: this means that it is resistant to water splashes and protected against dust.

COMPATIBILITY

The Runmate GPS sports watch uses the free Go Life app, the app developed by SBS for those who love to understand their wellbeing and monitor daily goals.

This app means that the fitness tracker is **compatible with Google Heath** and **Google Fit** as well as **Strava**.

Tracking your training, which is recorded by the app, allows you to analyse your performance with data regarding speed, steps, and elevation, view a detailed map and share your experience with friends on Strava and social media.

* This data is not a substitute for therapeutic decisions or diagnoses.

FEATURES:

- Wireless
- Go Life device, compatible with iOS (version 8.0 and later) and Android (version 4.3 and later)
- Monitors: heart rate, distance, steps, calories, quality and duration of sleep
- Notification of messages and incoming calls
- Watch, date and alarm function
- Records a map of your training
- LCD colour touch display
- Stand-by: 3 days
- Battery: Li-ion (250mAh)
- Adjustable strap

FIND OUT HOW TO USE ALL THE FUNCTIONS OF THE RUNMATE GPS WATCH







Runmate GPS Watch SKU: TESPORTBEATGPSCOLHRK

Technical data

Standby time: 3 days Battery: Li-ion Technology: Wireless Other features: Adjustable strap, Colour touch LCD display, GPS Power connector: Custom USB charging cradle Finishing/Feature: IP68 certified Included accessories: Power cable Compatible operative systems: Compatible with iOS 10 and above, and Android 6 and above EAN: 8018417248504 SKU: TESPORTBEATGPSCOLHRK Weight: 60 g

Logistics data

Depth Pack: 60 mm Width Pack: 95 mm Depth Inner: 300 mm Height Pack: 200 mm Weight Pack: 279 g Width Inner: 220 mm Amount Inner: 6 Depth Master: 440 mm Height Inner: 140 mm Weight Inner: 1870 g Width Master: 320 mm Amount Master: 24 Height Master: 310 mm Weight Master: 8205 g

MAIN FEATURES





